

# Heart to Heart

April 2025



Dear friends,

We're so excited to partner with Kwik Stop, the largest locally owned chain of convenience stores in Dubuque. We were chosen to be their Charity of the Month in May! They started donating to local nonprofits in 2002, and since then they have raised over \$2 million. That is quite a testimony to them and to this generous community! Be sure to get your gas there – and anything else you might need – and put your change in the bucket on the counter. Here are their area locations:

- There are two on 16<sup>th</sup> Street by the Wisconsin bridge (one next to the DQ and one next to Wendy's)
- Kerper Blvd (by the Veterans' Freedom Center)
- Pennsylvania (next to Remax)
- JFK (by Steve's Ace Hardware)
- Central & 32<sup>nd</sup> Street
- University & Asbury
- There are two in Key West (one next to the DQ and one next to Hardee's)
- Peosta (next to St. John the Baptist Church)

## Mission

Mary's Inn is a maternity home dedicated to the physical, emotional, and spiritual well-being of single pregnant mothers and their developing babies. It is a safe haven where they can stay while learning the skills they need to make a better life for themselves and their babies.

Leave this newsletter in your car, and the next time you need gas, refer back to this list for a convenient Kwik Stop location!

May God bless you & your loved ones!

Colleen Pasnik

Director  
Colleen Pasnik



## Homelessness in Pregnancy

A study of 133 singleton pregnancies in women in Dublin, Ireland who are homeless or living in refuge between 2013 and 2022. The analysis compared outcomes in this cohort to a reference population of 76,858 women with stable living arrangements.

Women in the homeless/refuge population were statistically more likely to be single (75% vs 40%), have an unplanned pregnancy (74% vs 27%), report a history of psychiatric illness (43% vs 22%), domestic violence (19% vs 1%) alcohol consumption in pregnancy (3% vs 0.8%) or smoking in pregnancy (41% vs 10%). They were significantly more likely to have a preterm birth (37 weeks or earlier). They also had a significantly lower median birth weight compared to the reference population (7 lb. 3 oz vs 7 lb.9 oz).

### Conclusion

Women in the homeless and refuge population are more likely to experience poorer perinatal outcomes compared to women with stable living arrangements.

Source: L. Creswell, C. Leahy, E. McNamee, S.W. Lindow, M.P. O'Connell. "Homelessness in pregnancy." *European Journal of Obstetrics & Gynecology and Reproductive Biology*, Volume 296, May 2024, pp. 239-243



Celebrating  
**10<sup>th</sup>** Anniversary

marysinmaternityhome.org

# Mary's Inn Tidbits

## WOMEN OF HOPE

### Luncheon

WEDNESDAY, MAY 7, 2025

The "Women of Hope" luncheon honors people who have engaged in providing care, support and guidance to young women in crisis pregnancies.

DUBUQUE GOLF AND COUNTRY CLUB

1800 Randall Place, Dubuque, Iowa

11:30 REGISTRATION

Noon - 1:00 Luncheon and Program

\$55 PER PERSON

\$400 sponsors a table of 8

GIFT BASKET  
(\$500 VALUE)

Tickets available at the luncheon  
or call 563-552-6288

RSVP BY APRIL 28

Please join us in our 10th  
anniversary supporting  
Mary's Inn Maternity Home.



Register to this event  
with our QR code now!

## Happy Birthday

4/10 — Joni Lucas  
4/18 — Deacon Bill Biver  
4/21 — Fr. Gabriel Anderson  
4/22 — Diane Keller

## New Staff



Cheryl Peacock



Lisa Thomason

## Wish List

- Kleenex
- Paper Towels
- Toilet Paper
- Aluminum foil
- Saran Wrap
- Lysol spray
- Feminine products



## Decadent Desserts

June 8th, Anniversary Dinner

Do you like to make rich decadent desserts? Looking for people to donate a dessert for our June 8 Dinner & Program. Not looking for cookies or bars but fancy cakes, pies, cheesecakes. You can drop off desserts at Cathedral Hall, Saturday, June 7, from 4pm - 6pm.

Contact Andrea Kirby  
at 563-542-4051 or email her at  
[kirby2b@hotmail.com](mailto:kirby2b@hotmail.com)



Consider being  
an InnKeeper.

InnKeepers KEEP the INN open! Help us keep the lights on, bills paid & babies fed.

Would you consider \$10 a month for our 10 year Anniversary?

Just use the QR code on left or go to our link <https://bit.ly/marysinmaternityhome>

[director@marysinmaternityhome.org](mailto:director@marysinmaternityhome.org)

[www.marysinmaternityhome.org](http://www.marysinmaternityhome.org)

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